

ROLO COURSE CONTENT

1.) Health and Safety

- Common Law
- Statute Law
- Health & Safety at Work Act 1974
- Enforcement
- Consultation with Employees on Health & Safety

2.) Management of Health and Safety

- Risk Assessments

3.) Control of Substances Hazardous to Health (COSHH)

- Personal protective equipment (PPE)
- Welfare Provision
- Construction Design and management regulations (CDM)

4.) Safety on Land based Sites and Projects

- Excavations Working at height
- Electrical Safety & Work Equipment (hazards and controls, including machine guarding)
- Safe use of hand tools
- Lifting Operations Confined spaces
- Lone working Safe use of vehicles
- Safety Signs and Signals

5.) Health Risks

- Manual handling
- Noise
- Hand arm and whole body vibration
- Ultraviolet rays
- Leptospirosis (Weil 's disease) & Phytophoto Dermatitis
- Hazardous Plants
- Lyme Disease Tetanus
- Needlestick injuries

6.) General

- Accident prevention and reporting

- First Aid & Fire prevention
- Safety Signs

7.) Environmental Issues

- Waste and the duty of care
- Waste Products & Organic Waste
- Waste Disposal
- Contaminated Land